

## Future EPP courses 2021

Virtual	Venue	Course / Event Name	Day	Time	Dates
Virtual course	Via Zoom	7 wk Living with Diabetes course	Wednesday	10:30 am - 12:00 pm	17 <sup>th</sup> February 21 - 31 <sup>st</sup> March 21
Virtual course	Via Zoom	Carers Course Introduction To Self-Management	Tuesday	2:00pm - 3:30 pm	9 <sup>th</sup> February 21
Virtual course	Via Zoom	Carers Course Introduction To Self-Management	Friday	10:30 am - 12:00 pm	19 <sup>th</sup> February 21
Virtual course	Via Zoom	6 Wk, Looking After Me. A course for Carers	Wednesday	2:00 pm - 3:30 pm	17 <sup>th</sup> March 21 - 21 <sup>st</sup> April 21
Virtual course	Via Zoom	7 wk NHS Pain management course	Thursday	1:00 pm - 2:30 pm	4 <sup>th</sup> March 21 - 15 <sup>th</sup> April 21
Virtual course	Via Zoom	7 Wk Living with Long Term Health Conditions	Thursday	10:30 am - 12:00 pm	11 <sup>th</sup> March 21 - 22 <sup>nd</sup> April 21
Virtual course	Via Zoom	1 wk Stance Diabetic footcare course	Wednesday	10:30 am - 12:00 pm	7 <sup>th</sup> April 21
Virtual course	Via Zoom	<b>BAME</b> 7 week Health and Wellbeing Course	Tuesday	10:30 am - 12:00 pm	13 <sup>th</sup> April 21 - 25 <sup>th</sup> May 21
Virtual course	Via Zoom	7 wk NHS Pain Management Course	Wednesday	6:00pm - 7:30 pm	14 <sup>th</sup> April - 26 <sup>th</sup> May 21
Virtual course	Via Zoom	7 wk NHS Pain Management Course	Friday	10:00 am - 11:30 am	16 <sup>th</sup> Aril 21 - 28 <sup>th</sup> May 21

To book a place on one of these **FREE** courses or for more information about courses in your area, please contact:

**Jules Godden EPP Trainer and Co-ordinator Newport, Caerphilly, Torfaen and Monmouthshire**

Gwent Association of Voluntary Organisations

Ty Derwen

Church Road

Newport NP19 7EJ

**Email for more information** : [jules.godden@gavo.org.uk](mailto:jules.godden@gavo.org.uk)



**@EPPCymru**

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